

# InstantHPI

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**Patient:** Female, 28 years old

**Date:** 03/27/2026

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**EDUCATIONAL EXAMPLE — This is what this document would look like. It is NOT an actual prescription, referral, or medical order. A real doctor must issue their own.**

## Work Leave Note

Justified absence from 03/27/2026 to 03/28/2026 inclusive for severe migraine with aura requiring medical investigation and initiation of preventive therapy. The patient experiences debilitating headache episodes rated 8/10 with associated nausea, vomiting, photophobia, and phonophobia that prevent normal occupational function during acute episodes. The patient must avoid prolonged screen exposure, bright fluorescent lighting, and high-stress environments during this period to prevent triggering additional episodes while new medications take effect. Expected return to work on 03/29/2026 pending clinical stabilization on newly prescribed preventive medication. Modified duties recommended upon return: reduced screen time with regular breaks every 30 minutes, access to dimmed lighting or anti-glare screen filter, and ability to step away briefly during acute symptom onset, for a minimum of 2 weeks while medication efficacy is assessed.

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